Greetings

It’s hard to believe, but we’re fast approaching CYEP’s 5th anniversary! What a remarkable journey it has been. We started the organization back in 2008 with no money but a very strong desire to impact our community. As word started to spread throughout the community in Northern Virginia that we were providing high-quality fatherhood services to families who experienced abuse and neglect, domestic violence, foster care, and child support delinquency, clients found us. We’d meet them at the local community centers, and we never let our lack of resources stop us from pursuing our work when we knew it was the right thing to do. If we learned anything in those early days, it was how to harness nothing more than the sheer force of will to reach our goals.

The referrals kept coming and the organization began to grow. The Northern Virginia Urban League opened its doors and allowed us to use office space in their building. Area stakeholders including Lavern Chatman-Brown, Alexandria Mayor William Euille, Verdia Haywood, Earl Stafford Sr. and Arlington County Chief Judge William Newman helped guide CYEP in the developmental stages and assisted us to secure funding. With seed money from The Stafford Foundation, dedicated staff, and a determined Board of Directors, CYEP developed a strong foundation and quickly expanded services from the City of Alexandria to Fairfax County. In addition, we developed a male focused teen pregnancy program in Alexandria and named it Project Success. Our good work was quickly recognized by the community and CYEP received awards from both the Alexandria and Fairfax County NAACP chapters, Northern Virginia Urban League Young Professionals Network, Stop Child Abuse Now (SCAN), and even the White House.

The early success of CYEP is due to the strong support of our donors. Your money and resources are uniting families, inspiring male teens, and teaching fathers how to nurture and love their children. In FY 2013, Fathers in Touch had 50 fathers who graduated from the program and Project Success had 33 male teens to complete the program. A majority of our clients reside in the City of Alexandria and Fairfax County, but our services are available to all local residents of the District of Columbia, Maryland, and Virginia. Over the last year, the Board of Directors has worked hard to develop a strategic plan to guide us into expansion. This year CYEP expanded Project Success from the City of Alexandria Middle Schools to T.C. Williams High School. In addition, the program will now be administered at the Northern Virginia Detention Center, Alexandria Less Secure Shelter, and the Boys and Girls Club. Fathers in Touch is also poised to expand services to our United States military families stationed at Fort Belvoir. As our military service members return from the battlefields of Iraq and Afghanistan we would like to assist fathers transition back into their positions as full-time dads. In 2014, CYEP also plans to expand Fathers in Touch to the Spanish speaking community in Fairfax County. We can’t stress how important your continued support and donations are in making a major impact within our community.

In closing, it has been our pleasure to serve the families of Northern Virginia over the past five years and we look forward to serving many more in the years to come.

“A truly rich man is one whose children run into his arms when his hands are empty”

– Author Unknown
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# Table of Contents

Mission and Programs .................................................................................................................. 5
Accomplishments .......................................................................................................................... 6
Board of Directors and Senior Staff .......................................................................................... 9
Major Donors ............................................................................................................................... 11
Financial Position ....................................................................................................................... 11
As a nonprofit organization and a certified Community Development Financial Institution with a national presence, NCB Capital Impact improves access to high-quality health and elder care, healthy foods, housing, and education in low-income communities across the country.

SRA is dedicated to solving complex problems of great significance for clients in defense, intelligence, civil government and health. With three decades of experience, SRA delivers expert knowledge, technical tools and trusted solutions for missions that matter.
Mission

The Capital Youth Empowerment Program, Inc. (CYEP) is a non-profit, nonpartisan, multi-ethnic, social service organization. Our mission is to provide innovative, high quality, and cost effective programs that address the fatherless home, teen pregnancy, and family dysfunction.

Established in 2008, CYEP strengthens the Northern Virginia community by addressing family dysfunction through education and family reunification. Our service delivery area includes the City of Alexandria along with the Counties of Arlington and Fairfax. CYEP is one of the only community-based organizations in Northern Virginia that focuses on strengthening the family unit by empowering men to take a more active and positive role in their families.

CYEP has a vision to develop a strong foundation for our community by nurturing our most valuable resources—families and education. CYEP combines the resources of local governments, corporations, and community organizations to unite families and empower fathers and their children to reach their full potential.

Programs

Fathers in Touch (FIT)

Fathers in Touch focuses on enhancing a father’s emotional and financial involvement in the lives of their children. The curriculum focuses on the five characteristics that a father needs to be a “24/7” dad. These characteristics are as follows: 1) Awareness of himself and the impact he has on his family, 2) Takes care of himself by eating the proper foods and getting annual physicals, 3) Awareness of the significant role he plays in his family, 4) Is a Nurturing parent and understands the importance of being in the life of his children and 5) Works to build and maintain a healthy relationship with his children. Additionally, FIT encourages responsible fatherhood, supports the role of the fathers to ensure the well-being of their children, and increase family functioning. FIT is a 12 week program that includes supervised monthly activities and coaching/mentoring for the fathers. The program is free for all participants. In addition, men are both court ordered and voluntarily registered to be a part of the program.

Project Success

The teen pregnancy prevention program, Project Success, is tailored for middle school-aged boys and addresses teen pregnancy prevention and promoting positive youth development. The unique aspect of Project Success is that the program is designed to address the male aspect of teen pregnancy that is often overlooked—educating them on their roles of prevention and responsibility. Project Success uses the award winning “Wise-Guys” curriculum which has three major objectives: 1) Improve family communication skills between parents and children, 2) Educate boys on the negative impact of sexually transmitted diseases and teen pregnancy, and 3) Teaching boys the importance of self-responsibility.
2013 Accomplishments

CYEP Strengthens its Board of Directors

On July 1, 2012 CYEP added two very impressive community leaders to its Board of Directors: Earl Stafford, Jr. and Gilbert Dussek. Earl Stafford, Jr. is a Vice President at The Wentworth Group, LLC where he manages the daily operations of the Stafford Foundation. He has over 20 years of professional experience working in the government contracting industry. He received his Bachelors of Science in Economics from George Mason University in Fairfax, VA. Mr. Stafford is also a dedicated member of Alpha Phi Alpha Fraternity, Inc.

Gilbert Dussek is a Program Director at SRA International, headquartered in Fairfax, VA which serves the defense, intelligence/homeland security/special operations, civil and health markets. Originally from Maplewood, NJ, he received his Bachelors of Science in Electrical and Computer Engineering and Biomedical Engineering from Carnegie Mellon University and Masters of Science in Engineering Management and Systems Engineering from The George Washington University. Gil is an avid traveler and tennis enthusiast, never missing an opportunity to attend the US Open.

Throughout their first year on the Board, both gentlemen have provided CYEP with leadership and a executive level skill-set that has the Board of Directors operating more efficiently. In the next three years, CYEP hopes to grow its Board of Directors to 15 total members and expand its relationships in the corporate community.

CYEP hosts 1st Golf Tournament

CYEP held its First Annual Charity Golf Tournament in October of 2012 as a way to increase its fundraising efforts and expand its brand in the local community. The event took place at the Fort Belvoir Golf Club located on the Fort Belvoir Army Base in Alexandria, VA and was chaired by Board Secretary Jay Flowers. Golfers were able to enjoy a beautiful day of golf with perfect weather conditions. In addition to the 18 holes of golf, participants were given gift bags filled with a variety of golf related items, a sit-down lunch, complimentary beverages on the course and a chance to win one of the many prizes being raffled off that day. In the end, trophies and plaques were awarded to the first, second and third place teams. The winning team for CYEP’s First Annual Charity Golf Tournament consisted of golfers: Reggie Ramsey, Jared Levin, Jay Flowers and Kerry Stewart. Their team finished with a final score of 64, 8 under par for the day.

CYEP Board members and staff, various volunteers and our great sponsors all worked together to make this event a big success. At the conclusion of the event, CYEP had over 90 individuals who were a part of the tournament. Thanks to the overwhelming turnout and contributions from family, friends, local businesses and churches, CYEP was able to raise over $27,000 dollars to support its current programs. Some of the sponsors for the event were: The Stafford Foundation, First Mount Zion Baptist Church, The James I Chatman Foundation, E4Logistics, BITH Energy Group and The Dussek Family. A special thank you is in order to APPRIO, INC., which served as our Presenting Tournament Sponsor. CYEP is looking forward to having this tournament again next year and for many years to come.

CYEP Expands Project Success

On October 1, 2012, the Alexandria Campaign on Adolescent Pregnancy (ACAP) was awarded a new three year Personal Responsibility Education Program federal grant to provide prevention programs that address teen pregnancy and sexually transmitted infections. CYEP is proud to be included in the grant award as this will allow us the opportunity to expand our current program offering to high
school students. We will focus our work on male teen athletes enrolled at T.C. Williams High School because they are often pressured into early sexual activity. We will offer class each quarter throughout the school year and they will meet weekly after school. A wellness contractor will be hired in order to implement six hours of mediation, movement, and nutrition education to supplement adolescent development and promote healthy life skills. Some of the other topics discussed are family values, decision making, life plans/goals, peer pressure, birth control and sexually transmitted infections.

CYEP will use the curriculum entitled “Becoming a Responsible Teen (BART): An HIV Risk Reduction Program for Adolescents” BART is an HIV prevention curriculum designed primarily for adolescents, ages 14-18. Teens learn to clarify their own values about sexual decisions and pressures as well as practice skills to reduce sexual risk-taking. These include correct condom use, assertive communication, refusal techniques, self-management, and problem solving. Abstinence is also woven throughout the curriculum and is discussed as the best way to prevent HIV infection and pregnancy.

CYEP is very excited about the opportunity to expand Project Success to TC Williams High School and looks forward to additional outreach possibilities in the local community.
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Joi Funches
Event Planner

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Raymond Anderson
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Shaheed Patterson
FIT Facilitator & Assistant Director of Project Success

D’Juan Thomas
Project Success Facilitator

Zachary McBride
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Mt. Pleasant Baptist Church would like to congratulate CYEP on 5 years of service to the community. We would like to wish you continued success in all your endeavors.

God Bless, Rev. Streeter & the Mt. Pleasant Baptist Church Family!

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215 Rhode Island Ave, NW
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Government Grants
City of Alexandria, Virginia Department of Social Service

Corporate Donors
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Robert Weil & Eileen Ellsworth
Mr. & Mrs. Charles Jones
Mr. Arthur Bryant
Mr. Keith Peterson
Mr. Daniel Kent
Mr. Frantz G Dussek

Financial Position

Cash Contribution $55,020.89
Public grants $97,645.82
In-Kind $2,500
Total Revenue $155,166.71

General/Administrative $16,474.15
Programmatic $129,509.50
Total Expenses $145,983.65