



CYEP

Ending the cycle of poverty in our community
by energizing and educating fathers



January 28, 2010
2009 Annual Report

CAPITAL YOUTH EMPOWERMENT PROGRAM (CYEP)

2009 Annual Report

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CYEP Overview and Mission

In 2009, CYEP launched a fatherhood program entitled "Fathers in Touch." The goals of the Fathers in Touch (FIT) program are to enable fathers to become responsible role models in their children's lives and provide a diversion from, or an alternative to, jail sentences for court-involved fathers. FIT seeks to improve fathers' involvement with their children and, in turn, help to contribute to their children's overall healthy development.

The FIT program consists of a 12-week fatherhood class featuring classroom instruction and a group discussion format which implements the 24/7 Dad™ curriculum developed by the National Fatherhood Initiative. The program also includes 3 monthly activities aimed at eliminating barriers between fathers and their children and providing fatherhood symposiums that educate mothers and fathers on the important role that a father plays in a child's life. In addition, CYEP integrates domestic violence awareness, substance abuse screenings, child support enforcement presentations, and Job Link presentations for low-income, court-involved fathers that are enrolled in the program.

In 2009, I am proud to announce that 27 fathers graduated from the FIT program. The ages of the participating fathers ranged from 15 to 60. A majority of the fathers receiving services from the FIT program lived in Alexandria, VA. We also provided services to fathers from Prince George's County, MD, Washington, DC, Arlington, VA, and Fairfax County, VA. The curriculum that FIT uses focuses on the five characteristics that a father needs to be a "24/7" dad. These characteristics are as follows: 1) awareness of himself and the impact he has on his family, 2) takes care of himself by eating the proper foods and getting annual physicals, 3) awareness of the significant role he plays in his family, 4) is a nurturing parent and understands the importance of being in the life of his children and 5) works to build and maintain a healthy relationship with his children.

CYEP is working in collaboration with the Alexandria Juvenile and Domestic Relations District Court and The Alexandria Department of Human Services Social Workers for referrals of men in need of parenting education. Additionally, men can voluntarily register for the FIT program and receive additional information from local churches, schools, recreation centers, and Head Start programs. The first Fatherhood class was held at the Mount Vernon Recreation Center in Alexandria, VA in February of 2009. In May of 2009, CYEP moved the FIT class to Alexandria's Charles Houston Recreation Center.

CYEP was founded to assist fathers to develop and maintain a safe and loving relationship with their children. Research validates that when both parents are actively and positively involved in their children's lives, the children are more likely to lead healthy and productive lives. CYEP wants to thank you for supporting the FIT program this year and looks forward to working with you next year as we continue to educate fathers on the importance of being a positive role model for their children.

We are truly thankful to all our generous donors who sustain and support our program to ensure fathers and children have healthy relationships!

Erick T. King
President & C.E.O.

Accomplishments & Highlights for FY 2009

CYEP Honorary Board

CYEP with the assistance of Mayor William D. Euille, assembled an Honorary Advisory board consisting of **Senator Mark Warner** from Virginia, **Congressman James Moran**, 8th District of Virginia, **Congressman Gerald Connolly**, 11th District of Virginia, **Mayor William D. Euille**, City of Alexandria, **Lavern Chatman**, President & C.E.O. of the Northern Virginia Chapter of the Urban League, **Judge William Newman, Jr.**, Arlington Country Circuit Court and **Earl W. Stafford**, Chairman and C.E.O. of The Stafford Foundation. The role of our honorary advisory board is to provide support by promoting responsible fatherhood throughout the local community.

2009 Father's Day Weekend Celebration

On June 19, 2009, CYEP hosted it's 1st Annual Fundraiser and Reception event at the Hotel Monaco in Alexandria, VA. Over 75 supporters were in attendance and CYEP was able to raise over \$27,000 in charitable donations.

On June 20, 2009, CYEP in collaboration with the City of Alexandria, hosted the city's first Father's Day Program at the Charles Houston Recreation Center. To kick off the day's events, CYEP went out into the local community and handed out brochures containing information about fatherhood and promoted the FIT program to local residents. After going out into the community, CYEP hosted a lunch reception for fathers and their families at the Charles Houston Recreation Center. The Father's Day Program commenced at 1:30 PM and some of the notables who participated were Alexandria City Councilman Ludwig Gaines, Mayor William Euille, The Honorable Chief Judge of the Alexandria Juvenile and Domestic Relations Court Constance H. Frogale, Pastor Donald C. Hayes of Oakland Baptist Church, Rev. Dr. John Howard Wesley of Alfred Street Baptist Church and Coach Tony Pierce, Founder of the original Fathers in Touch Program.

Partnership with Fairfax County

In December of 2009, CYEP established a formal partnership with the Fairfax County Department of Family Services, Children, Youth, and Families (DFS-CYF) Fatherhood Initiative in order to further build upon the fatherhood programs that have previously been offered in Fairfax County. The program receives referrals from social workers and probation officers in Fairfax County Juvenile and Domestic Relations Court, the Division of Child Support Enforcement and Fairfax County Department of Family Services, and Child Protective Services.

In 2010, CYEP will expand the Fathers in Touch program by offering three 12-week parenting classes in an effort to serve fathers and families in Fairfax County. Some of the target areas in which CYEP hopes to make a difference are in 1) improving fathers decision making abilities, 2) positively improving behaviors and attitudes towards parenting, 3) strengthening father-child interactions, 4) providing screening and access to treatment and rehabilitative services to fathers with identified mental health and substance abuse issues, and 5) reducing the financial burden on local jurisdictions as a result of incarceration, court-involvement and/or dependence on local government agencies and social services.

Teen Pregnancy Prevention Program

In October of 2009, CYEP was awarded two grants, one from the Alexandria Health Department and another from Hands on Ministries, Inc. to provide a high quality Teen Pregnancy Prevention Program, entitled "Boyz to Men." Our Teen Pregnancy Prevention Program focuses on assisting teenage boys in making the right choices for their lives. The program combines two curriculums: 1) the computer based "Boyz to Dads" curriculum created by National Fatherhood Initiative and 2) the "Wise-Guys" curriculum. Some of the topics discussed are family values, decision making, life plans/goals, peer pressure, birth control and sexually transmitted diseases. The target demographic for our Teen Pregnancy Prevention Program is middle school aged boys. Our program is offered at both Alexandria City middle schools through the Alexandria Department of Recreation, Parks and Cultural Activities "Power-Up" Program. Currently, we have 20 boys registered for our first class being held at Francis C. Hammond Middle School and the next class will begin February 2010 at George Washington Middle School.

Stafford Foundation Grant

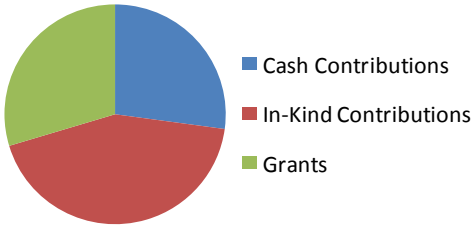
On September 11, 2009, CYEP was awarded a \$25,000 grant from the Stafford Foundation. The Stafford Foundation is a faith based non-profit organization dedicated to improving the lives of disadvantaged people and easing their way toward overcoming the challenges of life. The Stafford Foundation believes that it is our obligation to look after our fellow man and woman and to partner with others who do the good work of providing for the needs of the disadvantaged.

2009 Financial Position

The Capital Youth Empowerment Program, Inc. (CYEP) is a 501 (c)(3) non-profit organization dedicated to addressing the issue of the fatherless home, promoting responsible fatherhood, and enhancing the lives of children, youth, and families in the Northern Virginia area through education and career development. CYEP's mission is to "develop a strong foundation for our community by nurturing our most valuable resources—families and education."

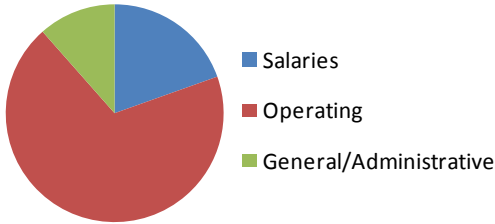
Revenue Generated: \$110,781.28

Cash Contributions: \$30,058.11
In-Kind Contributions: \$47,899
Grants: \$32,824.17



Expenses: \$103,380.29

Salaries: \$20,209.63
Operating: \$71,272.18
General /Administrative: \$11,898.48



Board of Directors

Board of Directors 2009

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Marlon Murphy

Board of Directors 2010

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Congressman Gerald Connolly, 11th District of Virginia

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Lavern Chatman, President & C.E.O., Northern Virginia Urban League

Judge William Newman, Jr., Arlington Country Circuit Court

Earl W. Stafford, Chairman and C.E.O., The Stafford Foundation

Advisory Board

Hon. Ludwig P. Gaines, Esq. Former City Councilman, Alexandria, Virginia

Tony Pierce, Founder of Fathers In Touch

Larry Brown, Alexandria Parks and Recreation

Shannon May, SCAN Parent Education Coordinator

Pastor Donald Hayes, Oakland Baptist Church

Rev. Dr. Howard-John Wesley, Alfred Street Baptist Church

John Holdsclaw IV, Director of Policy Development, NCB Capital Impact

Marcus Sebastian Mason, Partner, Madison Group

Roy Lee Jefferson, Former NFL All Pro-wide receiver (Retired)

Rev. Dr. Lee A. Earl, Shiloh Baptist Church

Rev. Terry Streeter, Mount Pleasant Baptist Church

LT. Col Charles Wilson, City of Alexandria School Board member

CYEP Staff

Erick King, Chief Executive Officer

Isaac King, Chief Financial Officer

Jay K. Flowers, Esq., General Counsel

Yvette Jones, Accountant

Joi Funches, Event Planner

Everette Mitchell, Assistant Director of Fathers in Touch

Bryan Hill, Fathers in Touch Facilitator

Richard Putney, Fathers in Touch Facilitator

Raymond Anderson, Fathers in Touch Facilitator

Melvin Stalling, Teen Pregnancy Prevention Facilitator

Quinton Brent, Teen Pregnancy Prevention Facilitator

Carolyn Howell, MD, Family Development

Angela Frattura, Monthly Activities Program Coordinator

Kia Alston, Grant Writer

2009 Contributors

CYEP would like to thank those who contributed to our Fathers in Touch program between January 1, 2009 and December 31, 2009. Every effort has been made to recognize all donations. If we have inadvertently omitted or misspelled your name please contact CYEP at info@cyep.org so we can update our records.

\$25,000 +

The Stafford Foundation

CYEP Sponsors (\$5,000-\$10,000)

Hands on Ministries, Inc.

Alfred Street Baptist Church, Alexandria, VA

CYEP Co-Sponsors (\$2,500-\$4,999)

The Chatman Foundation

Oakland Baptist Church, Alexandria, VA

CYEP Circle of Trust (\$1,000- \$2,499)

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Mt. Pleasant Baptist Church, Washington, DC

PM Consulting Group, LLC

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Judge William Newman

CYEP Donors (\$500-\$999)

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Landorn System Technologies

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Mr. Dexter & Dr. Marilyn Bordes

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CYEP Donors (\$25-\$499)

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CYEP Pictures



