

3 good reasons to participate in Project Success

1. To participate in open and positive discussion in a safe and nurturing environment
2. To educate yourself on the myths and facts about STIs and HIV
3. To learn valuable and empowering life skills

After you join

- The classes are free, but you commit to attend the majority of sessions
- You will learn positive decision-making that will benefit you for the rest of your life
- Learning is fun! Youth can speak freely about adult and young adult topics completely free of judgment

Ask yourself ...

"As a teen, do I think a decision I make today can affect me for the rest of my life?" By taking the first step, you have the ability and power to create a positive path to your future.

Additional information can be obtained at:

www.cyep.org

or

spatterson@cyep.org

**Be Proud.
Be Responsible.**

Project Success

Project Success takes place at locations throughout the City of Alexandria, including:

- The Less Secure Shelter (Shelter Care)
- Northern Virginia Juvenile Detention Center
- Alexandria Community Recreation Centers
- Boys and Girls Club of Alexandria
- Alexandria Court Service Unit
- TC Williams High School
- Community Lodgings

For Parents & Educators

CYEP partners with the Alexandria Campaign to Prevent Teen Pregnancy (ACAP). Collaboratively, we work with our young people, their families, and the community to secure brighter futures by offering culturally-competent, evidence-based curricula.

Additionally, we partner with Yo-Kids and the Virginia Cooperative Extension. Yo-Kids teaches the youth meditation and utilizes movement through yoga. Virginia Cooperative Extension promotes healthy lifestyles through Teen Cuisine, a nutrition education program for young people.

Capital Youth Empowerment Program

info@cyep.org • www.cyep.org

1315 Duke Street
Alexandria, VA 22314



Project Success

A PROGRAM TO PREVENT
TEEN PREGNANCY



About Us

Project Success is an early-intervention and education program operated by the award-winning Capital Youth Empowerment Program (CYEP). Our aim is to prevent teen pregnancy and to reduce the risk of sexually transmitted infections and other related health problems. We accomplish this by promoting age-appropriate positive youth development and by demonstrating healthy lifestyle choices for middle and high school students.

Our Goal

Our goal is to provide teens with life skills and knowledge needed to be responsible, healthy and empowered young adults. Specifically, teens are taught to recognize and avoid risky sexual behaviors and are educated on safe sex practices, including abstinence.



Did you know...

Nearly half of the 20 million new STDs each year are among young people.

– Center for Disease Control



Project Success Utilizes Evidence-Based Curricula

“Be Proud. Be Responsible”

- Promotes healthy behaviors which reduce the risk for HIV, STIs and unplanned pregnancy
- Delays the age at which youth become sexually active
- Reduces the chances of youth having unprotected sex
- Helps youth take pride in making responsible decisions

Becoming A Responsible Teen (BART)

- Gets youth thinking about delaying having sexual intercourse and how frequently youth have sex
- Shows them how to protect themselves by demonstrating the proper way to use condoms
- Addresses myths about the ways STIs are transmitted

“It’s hard to raise a child when you’re still a child”

